



# ARROWWOOD ATOM BUSTER

Your weekly newsletter from Arrowwood Community School

January 28, 2010

Opportunity ✨ Excellence ✨ Respect

## January Calendar

<b>Th (28)</b>	<ul style="list-style-type: none"> <li>Gr.3/4: Spelling Test, Reading Folders to school</li> <li>Div 3 Social Quiz: Aztec Society</li> <li>Roots of Empathy baby visit</li> </ul>
<b>F (29)</b>	<ul style="list-style-type: none"> <li>PD Day: No Classes</li> </ul>
<b>M (1)</b>	<ul style="list-style-type: none"> <li>Virtue of the Month: Heart This week: Compassion</li> </ul>
<b>T (2)</b>	<ul style="list-style-type: none"> <li>Gr.1/2 Learning Logs Due Back</li> <li>Math 8 Assessment</li> <li>Bball Practice</li> </ul>
<b>W (3)</b>	<ul style="list-style-type: none"> <li>Math 7 Assessment</li> </ul>
<b>Th (4)</b>	<ul style="list-style-type: none"> <li>Mr. J. visits (student support services)</li> <li>Gr.3/4 Reading Folders to school</li> </ul>
<b>F (5)</b>	<ul style="list-style-type: none"> <li>Gr.1/2 Spelling Test</li> <li>Gr.3/4 Spelling Test</li> <li>Arrowwood Olympic Games begin (continuing all this week)</li> </ul>
<b>M (8)</b>	<ul style="list-style-type: none"> <li>Virtue of the Week: Love</li> <li>Science Unit Assessment this week</li> </ul>
<b>T (9)</b>	<ul style="list-style-type: none"> <li>Board of Trustees Meeting @ Arrowwood (all day)</li> </ul>
<b>W (10)</b>	<ul style="list-style-type: none"> <li></li> </ul>
<b>Th (11)</b>	<ul style="list-style-type: none"> <li>Gr.3/4 Olympic Celebration</li> <li>Mr. J. visits (student support services)</li> <li>Special Movie Night: Proceeds support relief efforts in Haiti (7:00 PM)</li> </ul>
<b>F (12)</b>	<ul style="list-style-type: none"> <li>Flex Friday: No Classes</li> </ul>

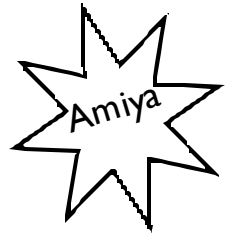
## Bubblegum Day

On Wednesday, Jan. 27th our Students Union held its annual Bubblegum Day. Students were able to buy a license to chew gum through the day. The cost of the license was 50 cents and all the money raised goes back into the Students Union to help with different school-based activities.



## Stars of the Week

Every week our teachers select a student in their homeroom to recognize for their outstanding efforts and achievement of excellence!



## Healthy Snacking in Grade 1/2

Our class is continually learning about keeping our bodies and brains in

good working order. One way that we do this is by eating healthy snacks. Students in Grade 1/2 are allowed to snack in the classroom. However, it must be a healthy snack that does not have a wrapper. Some examples are fresh fruit, crackers in a reusable container, or veggie sticks. Please keep this in mind as you are packing your child's lunch.

*"If you want others to be happy, practice compassion. If you want to be happy, practice compassion."*  
Dalai Lama

Compassion is the awareness of the interdependence of all living things. When we practice compassion we are able to put ourselves in someone else's shoes. We empathize and feel for those who are hurt. Most of all compassion is a call to action.

## Parents of Gr.5/6 Students

Please make sure that you have received information on our Biogeoscience Institute field trip in early June. The field trip will have students out to Kananaskis Country June 2 through 4.

If you need more information please call Mrs. Davis Forman at the school (403-534-3825).

## Elementary Ski Trip

February 25 is set for our Elementary Trip. Mrs. Jacobsen will be sending home the forms soon. Please help us stay organized by getting those forms back as soon as possible!



Grade One/Two students showing off their healthy snacks!

## Skating

As part of our physical education program, we will be skating next week.

Grade 1/2 skates on Tuesday, February 2 and Thursday, February 4 from 2:00 to 2:45.

Grade 3/4 skates on the same dates from 12:45 - 2:00.

Grade 5/6 will skate on Tuesday (4th) and Weds (5th).

Students will need to bring their skates and helmets those days. Please let us know if your child needs skates or a helmet. Parent volunteers would be greatly appreciated to tie skates and help students. Please contact your teacher if you are available. Watch for more information from your homeroom teacher.



## The Lightning Thief

### Book Review by Blaine Cockwill

Amazing, absolutely "god-tastic"!! 12 year old Perceus Jackson is a normal boy until he has a terrifying encounter with a fury and a minotaur. Grover Underwood then takes Percy to camp half-blood where he suddenly finds out he has godly powers. Percy is then given a quest to find Zeus' stolen lightning bolt before a world war breaks out between the gods. He has given a deadline of only 10 days as the master bolt needs to be returned to Zeus before the summer solstice. This book is action packed and a very exciting adventure. I recommend it to anyone who loves learning about the Greek gods.

★★★★★ 5 out of 5 stars

## Technology Survey

### for Parents of Grade 4 & Grade 8 Students

The purpose of these surveys is to secure stakeholder input, to gain a better perspective of what is needed and to develop policies and procedures that will address issues that may be raised through these surveys. We understand that this process takes time but we believe that the information gained will be worth the effort. The survey will be open until February 5. If you would like to come to the school to complete the survey, you are very welcome.

Thanks for helping us make our systems better!

### Parent Technology Survey link:

<http://www.zoomerang.com/Survey/?p=WEB22A5QSEB54N>

## Bible Studies

In response to parent requests we have arranged a Bible Studies class. This class will run at lunch time - outside of our regular instructional times. There will be a cost of \$25.00/family to cover the salary of the instructor.

We have sent home more details on cost and curriculum. Everyone is invited to enroll her/his child!